

High Performance Committee Interim Report

Jan-12

The information included in this report is a synopsis of the current considerations under review by the National High Performance Committee, in consultation with National Performance Director, Peter Banks.

National Squads Update	Planned program	Date	Status	Notes
Olympic Potential Squad	Potential Olympic Camp	Aug	Delivered	
	Eindhoven or US Nats	Dec 2 nd to 4 th	Delivered (10 - Eindhoven) (4 – US Nats)	
	European SC	Dec 8 th – 12 th	Delivered	
	Training Camp in Florida	Dec 28 th - Jan 12 th	#'s Confirmed	
	Irish LC Olympic Trials / Designated meet	Feb 29 th – Mar 3 rd		
	European LC Champs	May 16 th - 27 th	Selected Ath	
	Irish AG, Yth & Open	July 12 th – 15 th		
	Holding Camp (Italy)	July	Selected Ath	
	Olympic Games		Selected Ath	
National Senior Squad	Berlin WC or Eindhoven	Oct 22 nd - 23 rd Dec 2 nd to 4 th	Offered	
	European SC	8 th – 12 th Dec	If Selected	
	Camp in Florida	Dec 28 th – Jan 12 th	Offered to some	
	Irish LC Olympic Trials	29 th Feb to 3 rd Mar		
	Dave Mc & Celtic Tri-Nations	Apr 27 th – 29 th		
	European Champs	May 16 th - 27 th	Selected	
	Irish AG, Yth & Open	July 12 th to 15 th		
National Dev Squad	September	17 th		c.50 attendees
	October	15 th & 16 th		
	November	19 th & 20 th		Test set (10 x 200/300)
	February	4 th & 5 th		
	Irish LC Olympic Trials	29 th Feb to 3 rd Mar		
	March	17 th & 18 th		17 th
	April	6 th & 7 th		Easter
	Dave Mc & Celtic Tri	Apr 27 th – 29 th		
	Scottish Nationals		Selected Ath	
	May/June	Review with Aths		Qualifiers & Non-Qualifiers for EJC
	Schools Games	May 9 th – 12 th	Selected Ath	
	European Juniors	July 4 th – 8 th	Selected Ath	
	Irish AG & Youth	July 12 th – 15 th	ALL	
	British Youths	July 17 th – 21 st	Selected Ath	

Other activity	Planned program	Date	Status	Feedback
Coaches Forum	@ Sept NDS Camp	Sept	8 attendees	- Increase Communication - More planning of camps
Womens Relay Camp	Jan / Feb / Mar		Selected	- Focus on TEAM - Key Relay Skills

Agenda

- **Structure of Committee**
 - Munster Replacement for Liam Clooney (RIP)
 - Best format to go forward
 - *PB updated that SI are looking to ensure integrated approach to HP across ALL relevant SI Committees*
 - *Reminder to all contributors that the National HP committee concerns Swimming and swimmers both domestic and overseas.*
 - *Needs to be representative of ALL coaches in the regions and what's happening on the ground.*
 - *Meetings @ National level meets, conference call and in between on email.*
 - Coaches Forum
 - *Planned Coaches Forum (Sept 2012)*
 - *Review of last 4 Years*
 - *Presentation for 2016*
 - *Invite ALL coaches coaching athletes at National Level*
 - *Encourage coaches to express opinions in an 'appropriate' fashion for feedback*
- **London Review**
 - Olympic Prep & Potential outlook for 2012
 - *World Champs was less fruitful than expected*
 - *Potential Olympians camp hosted to regroup ALL athletes*
 - *Eindhoven a big improvement across the board*
 - *2 qualifers currently, 2 very strong potential (within 1%) and 4 others (within 2%)*
 - *800 Womens Relay Strategy – 1/2 camps to develop TEAM focus.*
 - *OW – 1 athlete to swim in June – Olympic selection dependant on outcome*
 - *London Qualification*
 - *Irish Trials*
 - *European Champs (last chance)*
 - *PB currently supporting Camps and meets to facilitate qualification for individuals within proximity of qualification*
 - *Holding Camp possibly in Italy 10 to 12 days, return to Dublin, then to Village on 24th/25th*
 - *Committed to delivering 6 to London*
- **2016 Outlook outlook**
 - *Next 4 year cycle*
 - *Swim Ireland will be focused on domestically based athletes*
 - *Swim Ireland currently working on scholarship program for University athletes based on HP and performance criteria*
 - *PB commented that coaches are good enough but need to be encouraged and supported to step up to deliver for domestic athletes*
- **National Squads Review**
 - National Youth Squads
 - *Feedback from coaches*
 - *c. 50 Swimmers / month*
 - *Develop a new structure for post 2012*

- *Add a competition c.2/3 times a year*
- *Feedback process has been communicated to Coaches involved (if not received please contact hp@swimireland.ie) – (Appendix 1)*
- *6 year Talent ID cycle (Appendix 2)*
- Update on plans for squads for remainder of year
 - Level 3 coaches course directly involved in the NDS this year
- EJC – Outlook for 2012
 - Potential Qualifiers
 - Ranking list being prepared for Jan 2012
- EYOD Potential 2013
 - Budget dependant look at a meet for that group of potential athletes
- **Competitions Review**
 - **Green Book considerations**
 - Qualification for Summer meets is May 31st 2012 for EJC & Olympics
 - Last chance to qualify for Euro Senior LC – Dave McCullagh
 - **National Competitions review** (Calendar – Appendix 3)
 - **Irish LC Update**
 - Dates are now Feb 29th to Mar 3rd - Moved to 1 day earlier than on original calendar
 - Wed to Sat to allow team to travel to Olympic Trials in UK
 - At least 20 US & Other OS Athletes enquiring about meet.
 - Meet Organisations structure (Tech Dir etc.) to reflect Irish SC
 - ***Dave Mc & Celtic Tri-Nations***
 - End April
 - FINA Classified meet
 - 3 Day format (AG in middle part of day)
 - AG Standards likely to be similar to old LC Nationals Development meet
 - ***Irish AG, Youth & Open Champs***
 - Draft Format attached in Appendix 4
 - Still being considered by other National Committees
 - ***IAG D2 Considerations***
 - Changes being considered for 2012
 - Age On Day of 1st Day of D1
 - 10&U (QT's Required),
 - 17-19 – remove to 24Yrs as Masters manages these athletes
 - ***Schools Games – May 6th to 9th***
 - Formerly UK School Games to be held in Olympic Pool in London
 - 15 & U Boys & Girls – age on Day May 9th
 - Selection based on SC - 1st Sept to Feb 1st SC
 - Team of c.20 – 1 per event (max of 2 events)
 - ***WISE Schools – October/November 2012***
 - Aug 31st – Age on day -
 - Summer selections

- ***Irish SC 2012***
 - Nov 30th to Dec 2nd in TBC
- **PrePlanning**
 - 2012/2013
 - Coaches Forum - September (Including CPD weekend - TBC)
 - Prep of Draft National Calendar – Rolling 3 year format
 - Including Formats and Order of Events
- AOB

Draft Order of Events – Irish AG, Youth & Open Championships 2012

Start 09:00			Start 09:00			Start 09:00			Start 09:00		
1	M	50FC	14	M	50BS	27	W	50BF	40	W	50BC
2	W	50FC	15	W	50BS	28	M	50BF	41	M	50BC
3	M	200IM	16	M	400IM	29	W	100BS	42	W	200BS
4	W	200IM	17	W	400IM	30	M	100BS	43	M	200BS
5	M	100BC	18	M	100FC	31	W	200BF	44	W	200FC
6	W	100BC	19	W	100FC	32	M	200BF	45	M	200FC
7	M	400FC	20	M	200BC	33	W	200BC	46	W	100BF
8	W	400FC	21	W	800FC	34	M	1500FC	47	M	100BF
	M	4 x 100FTR		M	4 x 200 FTR		W	4 x 200 FTR		W	4 x 100FTR
	W	4 x 100MTR								M	4 x 100MTR
Start 11:30			Start 11:30			Start 11:30			Start 11:30		
9	B	200IM	22	G	100FC	35	B	100BS	48	G	200IM
10	G	200FC	23	B	100FC	36	G	100BS	49	B	200FC
11	B	100BC	24	G	200BC	37	B	200BF	50	G	200BS
12	G	100BC	25	B	200BC	38	G	200BF	51	B	200BS
13	B	400FC	26	G	400IM	39	B	400IM	52	G	100BF
	G	4 x 100FTR		B	4 x 100MTR		G	4 x 100MTR	53	B	100BF
									54	G	400FC
										B	4 x 100FTR
Start 17:30			Start 17:30			Start 17:30			Start 17:30		
	M	50FC SF		W	800FC		M	1500FC		W	50BC SF
	W	50FC SF		M	50BS SF		W	50BF SF		M	50BC SF
	B	200IM		W	50BS SF		M	50BF SF		G	200IM
	M	200IM		B	100FC		G	100BS		W	200BS
	G	200FC		M	400IM		W	100BS		B	200FC
	W	200IM		G	100FC		B	100BS		M	200BS
	B	100BC		W	400IM		M	100BS		G	200BS
	M	100BC		B	200BC		G	200BF		W	200FC
	G	100BC		M	100FC		W	200BF		B	200BS
	W	100BC		G	200BC		B	200BF		M	200FC
	M	400FC		W	100FC		M	200BF		G	100BF
	W	400FC		M	200BC		W	200BC		W	100BF
	M	50FC Final		M	50BS Final		M	50BF Final		B	100BF
	W	50FC Final		W	50BS Final		W	50BF Final		M	100BF
										W	50BC Final
										M	50BC Final

HDW 12yrs & 13yrs Girls and 13yrs & 14yrs Boys from Afternoon Heats
 Finals Female 14yrs, 15yrs, Open A & B Final Male 15yrs, 16yrs, Open A & B Final
 Relays Swimmer to declare to swim either OPEN or AG final, HDW Mornings ONLY?