

## SEA SWIM RACE DAY CHECKLIST

OSC Safety Officer:\_\_\_\_\_ Club Safety Officer:\_\_\_\_\_

Race:\_\_\_\_\_ Club:\_\_\_\_\_ Venue:\_\_\_\_\_

- 1) Event Management Plan complete and available
- 3) Weather forecast Check   
*When a small craft warning (force 6) is issued events must be cancelled.* [www.met.ie](http://www.met.ie)
- 4) Safety boats present      Civil Defence       Other
- 5) First Aid Ambulance      Civil Defence       Other
- 6) Canoes present
- 7) Pre race briefing completed
- 8) Life Jackets distributed
- 9) Radios  
    Name                      UHF 1       Name                      VHF 1   
    Name                      UHF 2       Name                      VHF 2   
    Name                      UHF 3       Name                      VHF 3

### Signed

**OSC Safety Officer:-**\_\_\_\_\_ **Club Safety Officer:-**\_\_\_\_\_

**Race Organiser:-**\_\_\_\_\_ **OS Com Member:-**\_\_\_\_\_